



Support during the COVID-19 pandemic

The communities of Foul登, Mordington and Lamberton have been divided up into smaller clusters of houses and farms each looked after by a volunteer. Other volunteers have offered to offer support by phone or step in should a cluster become a hotspot.

Some neighbours and families already have arrangements with each other which is great and please continue; we are not setting out to replace existing support but to fill the gaps.

	Area	Who
FOULDEN	West Foul登	Andy Manley
	New Mains	Susie Arnott
	Burnbank and Kirkbanny	Andy Manley
	Moorpark and Hagg	Ann Fotheringham
	Bastle	Irene Morris
	Newton	Catherine Rutherford
	Old Village	Lynda Shepherd
	New Village to Ayton turn Bridge	David McLeish
	Woodlands Park	Norma Childs
	Woodlands	Louise & Hugo Sanders
	Old Sawmill	Louise & Hugo Sanders
	Nunlands and Blinkbonny	Andy Manley
	Foul登 Hill, St Johns, Peelham	Ann Nisbet
	Kerrigan and Cheviot	Eileen Murray
	Deans and Little Acorns	Josie Oliver
	61, and Denebank and Edrington	Susan Patterson
Mordington	Clappers	Helen Dempster
	Mordington up towards Campfield	Tom Trotter
Lamberton	Moor Campfield to Homestead	Andrew Donoghue
	Village old A1 and hill to moor	Ruth Chenery
	Jaws	Audrey Sanderson

Local helpers can help those who are self-isolating by: collecting shopping and essential supplies, posting mail, a friendly phone call.

If you are not aware of your local helper and need assistance, please send a message to andy.fmlcc@outlook.com or 07999 884509 and I will pass on your details.

If you are able to help in an area, please let me know.

Further support and advice can be obtained from the SBC Community Assistance Hubs (CAHs) who can be contacted via **0300 100 1800, option 7.**

You should continue to contact your GP or NHS 24 111 if you need advice about your health or any medical condition. In an emergency, call 999.